

Organic Breakfast Burritos

Spinach, Sundried Tomato or GF wraps

CHEF'S OBSESSION 7.99

2 Eggs, Black Forest Ham, Shredded Potato,
Swiss Cheese,
Roasted Red Onion, Spinach, Dijon Aioli

SOUTHWESTERN 7.99

2 Eggs, Shredded Potato,
Black Bean Salad, Pepper Jack Cheese

VEGAN BEAN & VEGGIE 8.99

Black Bean Burger, Broccoli, Spinach, Shredded Yam,
Cashew Spinach Pesto

SHAVED STEAK & EGG 8.99

2 Eggs, Shaved Top Round Steak, Cheddar Cheese,
Roasted Red Onion, Shredded Yam

Organic Breakfast Sandwiches

Served on a Croissant or Ciabatta

CLASSIC 6.99

2 Eggs Fried, Cheddar Cheese, Bacon

BRIE & BACON 6.99

2 Eggs Fried, NH Bacon, Local Brie, Fresh Spinach

PESTO HAM 6.99

2 Eggs Fried, Black Forest Ham, Provolone,
Roasted Red Onion, Cashew Spinach Pesto

CALI 7.99

2 Eggs Fried, Tomato, Avocado,
Pepper Jack Cheese, Hot Sauce

Breakfast served all day!

Organic Fruit Smoothies

All made with dairy or non-dairy milk

All ingredients organic

STRAWBERRY BANANA 6.99

Strawberry, Banana

TROPICAL VACATION 6.99

Mango, Pineapple, Banana

MIXED BERRY 6.99

Blueberry, Strawberry, Raspberry

CITRUS BERRY SMASH 8.99

Raspberry, Pineapple, Orange Juice

ALMOND BUTTER BLISS 7.99

Banana, Almond Butter, Strawberry

GREEN PIÑA COLADA 7.99

Banana, Pineapple, Spinach, Coconut

Organic Fresh Juice Bar

All ingredients organic

Juices are 12 oz unless otherwise marked

GIN & TONIC 7.99

Apple, Cucumber, Orange, Ginger

IMMUNE BOOSTER 7.99

Carrot, Beet, Apple, Lemon, Ginger

RADIANCE 7.99

Carrot, Orange, Ginger, Turmeric

GREEN THUMB 7.99

Apple, Kale, Spinach, Cucumber

RESTORATIVE 6.99

Celery, just Celery

SWAMP THING 8.99

16 oz.

Apple, Kale, Spinach, Cucumber, Banana



Café Menu

*Delighting Your Taste
Buds, Organically!*

Handcrafted Sandwiches, Soups & Salads

374 Union Street
In the Union Mill
Peterborough, NH 03458

603-924-2233, ext. 1

www.NaturesGreenGrocer.com
info@NaturesGreenGrocer.com

Café Open:

9am to 6pm Mon-Sat

10am to 6pm Sunday

Store open 'til 7pm daily!

Organic Handcrafted Sandwiches
Served on your choice of Local Sourdough Breads or Local GF Bread

CHIPOTLE CHICKEN 8.99

Chipotle Aioli, Oven Roasted Chicken, Peppercorn Cheese, Roasted Red Onion, Tomato & Lettuce

PESTO TURKEY 8.99

Pesto Aioli, Oven Roasted Turkey, Provolone Cheese, Tomato & Lettuce

THE BEAST 8.99

Horseshoe Aioli, Roast Beef, Smoked Cheddar Cheese, Pickled Onion, Tomato & Lettuce

BLACK FOREST HAM & ROASTED APPLE 8.99

Dijon Aioli, Black Forest Ham, Swiss Cheese, Roasted Apple, Roasted Red Onion & Lettuce

HOT PRESSED TURKEY REUBEN 8.99

Thousand Island Dressing, Oven Roasted Turkey, Swiss Cheese & Sauerkraut

ROASTED GARLIC CHICKEN 8.99

Roasted Garlic Aioli, Oven Roasted Chicken, Provolone Cheese, Tomato & Fresh Spinach

GARDEN PATCH WRAP 8.99

House-made Garlic White Bean Hummus, Red Cabbage, Carrot, Pickled Red Onion, Pea Shoot & Spring Mix Greens

VERMONT BLACK BEAN BURGER 9.99

Regular or Vegan Mayonnaise, Fresh Spinach, Regular or Vegan Cheddar Cheese, Black Bean Burger & Fresh Avocado

AVOCADO BLT 9.99

Pesto Aioli, Avocado, North Country Bacon (NH), Tomato & Lettuce

CHICKEN SALAD DU JOUR 9.99

Our daily Chicken Salad as a sandwich with lettuce, tomato & your choice of cheese.

Organic Fresh Salads

All dressings are VEGAN and made in-house.

FARMHOUSE APPLE 9.99

Mixed Greens, Roasted Apple, Candied Walnut, Celery & Blue Cheese with Balsamic Vinaigrette

SOUTH AMERICAN 9.99

Mixed Greens, Roasted Red Onion, Carrot, Tomato, Blue Corn Chips, Black Bean Salad, & Fresh Avocado with Chipotle Lime Dressing

NATURE'S BOUNTY 8.99

Mixed Greens, Tomato, Carrot, Cucumbers, Roasted Red Onion, Hemp Seed with Tarragon Vinaigrette

ALL KALE CAESAR 8.99

Organic Green Kale, Parmesan, Sourdough Herb Crouton, Hemp Seed with Vegan Caesar Dressing

HARVEST 9.99

Mixed Greens, Carrot, Cranberry, Red Cabbage, Roasted Pumpkin Seed, Smoked Cheddar Cheese with Maple Tahini Vinaigrette

ASIAN QUINOA 9.99

Tri-Color Quinoa, Avocado, Red Cabbage, Cucumbers, Spiced Almond with Creamy Miso Dressing

Make it VEGAN with tofu, vegan

mayonnaise, or vegan cheddar cheese.

Add-ons for salads (extra charge)

- Avocado - Grilled Tofu - Roasted Chicken Breast -Chicken Salad Du Jour

Organic Kids Menu

TURKEY & CHEESE 7.99

Oven Roasted Turkey with your choice of cheese, Mayonnaise & Lettuce

GRILLED CHEESE 7.99

Your choice of local sourdough bread & cheese

ALMOND BUTTER & BANANA PANINI 8.99

Fresh Almond Butter & Sliced Banana

Organic Handcrafted Soups Du Jour

Offered as Daily Special, call for details
Small \$4.99 Medium \$6.49 Large \$7.99 Quart \$13.99

Pick Two Combo 9.99

Pick your favorite combination!

Choose two of the following:

- Small soup • ½ Salad
- Quiche slice • ½ Sandwich

We make Organic Espresso Drinks!

. Come in to see our full menu!

Made with Organic dairy, almond, coconut, or soy milk.

ESPRESSO SHOT

LATTE

CHAI TEA LATTE

DIRTY CHAI

AMERICANO

CAPPUCINO

COLD BREW NITRO COFFEE

HOT CHOCOLATE

HOT TEA

STEAMER

LOCALLY ROASTED COFFEE

SEASONAL FLAVORS

Make it ICED or DECAF!